

Calvary Baptist Church

Bible Study Outline | Date: 10-16-2019
From Digging Deeper With Rev. Dr. T. La Mont Holder

Counting Your Blessings Pt. 2

KEY PASSAGE: Ephesians 1:3-9

➤ STUDY SUMMARY

"What are spiritual blessings?"

Answer: Ephesians 1:3 says that we have been blessed with all spiritual blessings in Christ. What are these spiritual blessings, and what do they do for us? Contrary to some beliefs, they are not some mysterious power or cosmic connection reserved for a select few. They are the key benefits of a relationship with God through Jesus Christ.

The word blessing in Ephesians 1:3 is a translation of the Greek word eulogy, and it means "to speak well of." Since God is the one acting in this verse, we can say that God has spoken good things about us, or pronounced good things for our benefit. The good things that God has decreed for us are probably beyond our ability to number, but we can outline a few by looking at the verses that follow the statement (Ephesians 1:4-13).

The first blessing listed is the election as saints. Ephesians 1:4 says that He has "chosen us in him before the foundation of the world, that we should be holy and without blame before him in love." God has chosen to make us holy and blameless, and all because of His love, His good pleasure, and His grace (verses 5-6). What a blessing, that "even when we were dead in sins" (Ephesians 2:5), God chose to extend His grace

The second blessing listed is found in verse 5—our adoption as His children. Not only has God chosen us to be made holy, but He grants us full status as His children, with all the benefits thereof. John 1:12 says, "As many as received him, to them gave he power to become the sons of God, even to them that believe on his name." When we believe the gospel, we receive full access to the Father, able to call out to Him as His children.

The third spiritual blessing is in verse 6, where we are made "accepted in the beloved." The word is related to grace and gives the idea of making us graceful or favorable through Christ, the beloved of God. When we put on Christ, the Father sees His loveliness when He looks at us. The blood of Christ has taken away the guilt of our sins, and we stand before the Father as perfectly accepted.

APPLICATIONS:

Application point #1: Live every day with focused on your eternal promise.

Application Point #2: Find opportunities to praise God for His redemptive acts.

Application Point #3: Make God your daily priority.

STUDY PRINCIPLE ANSWERS

1. God chose us in Christ Jesus before the foundation of the world.
2. We sealed in Christ as children of God.
3. The Holy Spirit has gifted us.

UNLOCKING THE POWER OF THE WORD OF GOD

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